



# My Curriculum Map

2026/2027

|           | TERM 1                                                 |                                         | TERM 2                                         |                                                               | TERM 3                                   |                                                        |
|-----------|--------------------------------------------------------|-----------------------------------------|------------------------------------------------|---------------------------------------------------------------|------------------------------------------|--------------------------------------------------------|
| Nursery   | Introduction to PE : Unit 1<br>Wiggle                  | Dance : Unit 1<br>Wiggle                | Gymnastics : Unit 1<br>Wiggle                  | Ball Skills : Unit 1<br>Wiggle                                | Fundamentals : Unit 1<br>Wiggle          | Games : Unit 1<br>Wiggle                               |
| Reception | Introduction to PE : Unit 2<br>Squiggle Move 1,2 and 3 | Dance : Unit 2<br>Squiggle Move 4 and 5 | Gymnastics : Unit 2<br>Squiggle Move 6,7 and 8 | Ball Skills : Unit 2<br>Big Moves for some<br>Squiggle Move 9 | Fundamentals : Unit 2                    | Games : Unit 2<br>Sports Day Prep                      |
| Year 1    | Dance<br>Fundamentals                                  | Yoga<br>Ball Skills                     | Gymnastics<br>Target Games                     | Sending and Receiving<br>Net and Wall Games                   | Athletics<br>Striking and Fielding Games | Invasion Games<br>Land Based Water Safety              |
| Year 2    | Dance<br>Fundamentals                                  | Yoga<br>Ball Skills                     | Gymnastics<br>Sending and Receiving            | Target Games<br>Team Building                                 | Invasion Games<br>Athletics              | Striking and Fielding Games<br>Land Based Water Safety |
| Year 3    | Dance<br>Fundamentals Y3/4                             | Gymnastics<br>Football                  | Hockey<br>Dodgeball                            | Tennis<br>Rugby                                               | Athletics<br>Cricket                     | OAA<br>Rounders                                        |
| Year 4    | Dance<br>Fundamentals Y3/4<br>Yoga                     | Gymnastics<br>Football                  | Dodgeball<br>Hockey                            | Tennis<br>Rugby<br>Athletics                                  | Rounders<br>Athletics<br>Top up swimming | OAA<br>Cricket<br>Top up swimming                      |
| Year 5    | Tennis<br>Yoga                                         | Dance<br>Gymnastics                     | Fitness<br>Handball                            | Hockey<br>Rugby                                               | Rounders<br>Cricket<br>Top up swimming   | OAA<br>Athletics<br>Top up swimming                    |
| Year 6    | Gymnastics<br>Handball                                 | Dance<br>Dodgeball                      | Fitness<br>Hockey                              | Tennis<br>Cricket                                             | Rounders<br>Athletics<br>Top up swimming | OAA<br>Football<br>Top up swimming                     |