



My Curriculum Map

2024/2025

	TERM 1		TERM 2		TERM 3	
Nursery			Introduction to PE : Unit 1	Ball Skills : Unit 1	Dance : Unit 1	Fundamentals : Unit 1
Reception	Gymnastics : Unit 1 Fundamentals : Unit 1	Ball Skills : Unit 1 Dance : Unit 1	Big Moves for some Cosmic Yoga for others Fundamentals : Unit 2	Gymnastics : Unit 2 Ball Skills : Unit 2	Dance : Unit 2 Games : Unit 1	Sports Day Prep Games : Unit 2
Year 1	Dance Fundamentals	Yoga Ball Skills	Gymnastics Sending and Receiving	Ball Skills Target Games	Athletics Striking and Fielding Games	Athletics Invasion Games
Year 2	Dance Fundamentals	Yoga Ball Skills	Gymnastics Sending and Receiving	Ball Skills Target Games	Swimming: Beginners Athletics	Swimming: Beginners Athletics
Year 3	Dance Football	Gymnastics Hockey	Tennis Dodgeball Tag Rugby	Fitness Tag Rugby	Swimming Athletics	Swimming Cricket Athletics
Year 4	Dance Football	Gymnastics Hockey	Tennis Dodgeball Tag Rugby	Fitness Tag Rugby	Rounders Athletics	Cricket Athletics
Year 5	Dance Football Yoga	Yoga Gymnastics Hockey	Fitness Handball Dodgeball	Tennis Tag Rugby	Rounders Cricket	OAA Athletics
Year 6	Dance Football Yoga	Gymnastics Hockey Yoga	Fitness Handball Dodgeball	Tennis Tag Rugby	Rounders Cricket	OAA Athletics